

The Thinker

Issue 1

61st Session

June 14, 2019

Understanding Adoption

By Anonymous

“Hey, you! I’m adopting you! You’re my kid now!” I’m sure many of us here at the Governor’s Program have heard words similar to these around the beginning of the summer, and many have wondered what it means.

Adoption has been a big part of the community here for quite some time as a way to welcome new students into the community and to make them feel more welcome and at home. It’s an important part of what we do. However, the system is often abused by students who walk into rooms and adopt every child sitting there.

The main purpose of the system is to welcome students to the program. Anyone that you adopt should feel like you’re there for them and to help them.

You should help them learn the traditions of the program and help them to understand why these things are so important. If you adopt every student it’s much harder to lend that helping hand to others.

Many times first-years will ask their new “parents” questions about the program and try to learn things and become friends along the way.

The way adoption works is fairly simple.

Once you’re a third year student, you can adopt fresh-

man students to help them feel more welcome here. As a fourth and fifth year student, you can also adopt. The key is to adopt students that are at least two housing classifications (and years spent at the program) below you. This technically means that fourth and fifth year students can adopt second and third year students respectively.

While adopting other returning students can be fun, the main purpose of adoption is to help welcome new students, so we shouldn’t lose sight of that.

The whole point is to help welcome the new younger students into the program and help them to feel more at home and at ease here.

Life at GPGC can be a hard transition for students to make, and for many it’s their first time away from home. The adoption system was created to help do everything we can to help them feel better about being away from home and excited for the opportunities the program can bring them.

To the first years, I hope this clears up any confusion you may have had about random kids yelling “I’m adopting you!” and don’t worry if you don’t get adopted right away, it will happen. We all are happy to welcome you into our GPGC family.

Hygiene Means Clean for All

By Tyler Alphonse

Ok, welcome back to GPGC and welcome to all first years.

Now that we’ve all finished our first week of the 2019 session, the topic of hygiene needs to be discussed. But before we get crackin’ into this piece, this article isn’t directed to any person or class. It’s rather just a PSA to everybody.

No. 1 on my list of ways to keep good hygiene is by taking a shower. There’s no reason you should smell like fish after coming out of the show-

ers, IF you use soap. Showering is fundamental for reducing/preventing the onset puberty b.o., and without it you probably wouldn’t be liked among your peers.

The No. 2 rule to hygiene is using deodorant. You know that b.o I referred to earlier in the article? Well, just because you shower doesn’t mean that the b.o. is gone. Antiperspirants and deodorant can reduce sweating and mask underarm odors. Most brands claim the effects can last for 48 hours.

My last two rules are to wash your

hands and to brush your teeth. These two are fairly simple tasks that require little effort to do, but, yes, some (lazy) people find it quite difficult to find the effort to do it.

Washing your hands takes up to two minutes, which isn’t a lot of time. That means it’s easy and fast.

Washing your hands also reduces the amount of bacteria spread. According to the Centers for Disease Control, hand washing with soap can reduce the number of people who get sick with diarrhea by 23% to 40%

Continued on page 2

Multiple Games Hitting Shelves in June

Compiled by Drew Meyers

The Elder Scrolls Online: Elsweyr (PS4, Xbox One, PC) – June 4

Explore the ancient land of Elsweyr, where the infamous Khajit race resides, or follow the invigorating main story, fighting dragons, and other dangerous creatures.

Persona Q2: New Cinema Labyrinth (3DS) – June 4

Fight your way through Mementos with your crew in this a mash-up combining characters from the popular RPGs Persona and Etrian Odyssey.

Trover Saves The Universe (PC) – June 4

Have fun doing the most terrible things imaginable through this VR platformer from the mind and voice of Rick and Morty co-creator Justin Roiland.

Warhammer: Chaosbane (PS4, Xbox One, PC) – June 4

This action-RPG has it where it counts, with fun classes, good boss fights, and a decent loot system. In a world ravaged by war and dominated by magic, you are the last hope for the Empire of Man against the Chaos hordes.

Bloodstained: Ritual of the Night (PS4, Xbox One, PC) – June 18 (Switch – June 25)

Collect, craft, and unlock a vast array of weapons, equipment, and loot to defeat the countless minions and bosses of hell.

Crash Team Racing Nitro-Fueled (PS4, Xbox One, Switch) – June 21

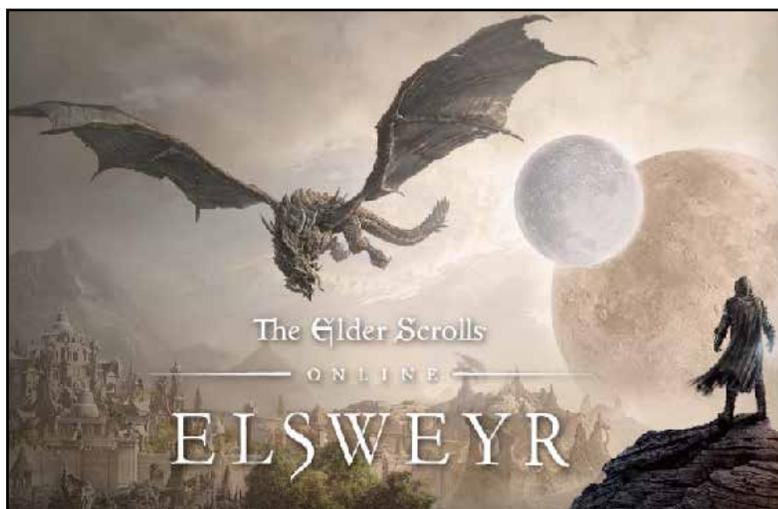
Play as characters from the Crash Bandicoot series while racing through all of the original maps from Crash Team Racing or all new tracks, unique to this game.

Judgment (PlayStation 4) – June 21

Follow a lawyer turned PI with advanced fighting skills to take down your enemies or travel through an open world that is densely seasoned with shops, mini-games, and arcades.

The Sinking City (PS4, Xbox One, PC) – June 27

Step into the shoes of a 1920s private investigator who finds himself in



the city of Oakmont, Massachusetts. A city suffering from unprecedented floods of clearly supernatural origins. Can you survive this supernatural investigation?

Super Mario Maker 2 (Switch) – June 28

Get launched back into the world of Super Mario Maker with brand new building options, or try the newly introduced story mode, where you rebuild Princess Peach's castle. However, you're a bit low on funds, so you have to receive the money by doing work for other characters.

Information compiled from IGM and Game Informer.

Hygiene

Continued from page 1

and the number of respiratory illnesses, like colds, by 16% to 21%.

Now, brushing your teeth on the other hand helps you avoid embarrassment. You've probably heard the phrase "Ewww, yo' breath stank." Well, maybe it wouldn't stink if you decided to take a tube of toothpaste, place it on a toothbrush, and gently brush around the mouth.

Honestly, it's not hard for me to keep up my hygiene, and it shouldn't be any different for you.

Word of the Week

Floccinaucinihilipilification

The estimation of something as worthless.

Let's see what some of your classmates thought this word meant.

"It's when you floss too much and you bleed." *Sydney Brummett*

"To melt something down." *Lee Johnson*

"Nullifying the effects of floss in your nose." *Matthew Robert*

"Floss no medication." *Grace Simien*

"The act of flossing." *Michael Malone*

"Pulling something out of the nose." *Stoney McKnight*

Giftie Father's Day Plans Low Key

By Kamryn Keys

Father's Day is a time celebrated by most families in America as a way to honor fathers, and many Gifties say they plan low key observations.

More than 100 countries around the world celebrate some type of recognition for fathers, although the holiday falls in various times of the year.

How much dads do for us usually goes unappreciated, so in the U.S., the third Sunday of June is dedicated to them.

Oddly enough, most people don't really know how Father's Day started.

According to History.com, Father's Day was officially recognized as a national holiday in 1972 by President Richard Nixon. The original 1910 holiday was celebrated June 19 in Washington, and since has spread across the world.

Sonora Smart Dodd originally made Father's Day an annual tradition. On the very first recognized Father's Day, Dodd had local churches, the YMCA, shopkeepers, and government officials support her.

Regardless of how Father's Day began, it will always be a time to give your dad the love he deserves.

Here are some Gifties' plans for

Father's Day:

"Probably, like, call my Dad to tell him Happy Father's Day?"

- Tyler Alphonse

"Probably nothing. I guess I have to call my Dad."

- Mike Hyatt

"Nothing."

- Jordan Murray

"I don't know. Stay here? [Are you gonna call your Dad?] ...maybe."

- Drew Meyers

"I don't know. [Are you gonna call your Dad?] Yeah. It's Sunday, right?"

- Matthew Robert

Epilepsy Diagnosis Life-Changing but Livable

By Wesley Koonce

Living with epilepsy means no space. No privacy, because you never know when you may seize.

Epilepsy is a disorder that means you can easily get a seizure at any-time. The seizures aren't only triggered by flashing lights, but alcohol, drugs, music, 3D films, and virtual reality, according to the Epilepsy Foundation.

One out of every 100 people in the U.S. suffer from epilepsy, especially young children, according to the Epilepsy Foundation.

My seizures are simple focal sensory seizures in a seizure cluster, which means I have a ton of little, minute long seizures in a short period of time. They would normally consist of an instant loss of balance, horrible hand-eye coordination, muffled hearing, distortion of my surroundings. If I'm sitting down, I feel like I'm about to fall.

Since I could randomly fall at any minute, I always have to have someone monitor me. No matter where I am, the living room, the kitchen, the bathroom, the stairs, anywhere that has any possible danger, someone

has to be there. Although my seizures have lessened, when they were at their worst, I had to stay sitting down for my safety and have my guardian watch me all the time.

The only real privacy you get is when you are in bed, but that's just at night.

When my mom and dad first saw me have a seizure, they were horrified like anyone would be to see their loved one suffer. It affected not just them, but my whole family.

Fortunately, if you are one of those one in 100, or if you know someone who is, there are some things you can do to help.

According to the Centers for Disease Control, seizures do not always require

emergency medical attention. And there are many types of seizures, most of which end in a few minutes.

First aid for generalized tonic-clonic (grand mal) seizures

When most people think of a seizure, they think of a generalized tonic-clonic seizure, also called a grand mal seizure. In this type of seizure, the person may cry out, fall, shake or jerk, and become unaware of what's going on around them.

Here are things you can do to help someone who is having this type of seizure:

- Ease the person to the floor.
- Turn the person gently onto one side. This will help the person breathe.
- Clear the area around the person of anything hard or sharp. This can prevent injury.
- Put something soft and flat, like a folded jacket, under his or her head.
- Remove eyeglasses.
- Loosen ties or anything around the neck that may make it hard to breathe.
- Time the seizure. Call 911 if the seizure lasts longer than 5 minutes.

Source: Centers for Disease Control and Prevention

Freshie Girl Facts 2019

Name	Favorite Cafeteria Food	Favorite Color	Ideal Vacation Spot	Favorite Animal
Miniya Malone	Pasta	Purple	Japan	Dogs
Maggie Cappel	Chicken Nuggets	Dark Purple	Virgin Islands	English Bulldog
Sophia Thibodeaux	Sushi	Blue	Bahamas	Fox
Madison R. Smith	Vegan Pizza	Blue	Bora Bora	Llama
Lee Johnson	Fettucine Alfredo	Yellow	Japan	White Tiger
Neely Khan	Pasta	Blue	Fiji	Dogs

Menus for June 17-21

Monday

Lunch

Red beans and rice
Roast turkey
Mashed potatoes, gravy
Green beans
Sauteéd squash

Hot dogs

Chips

Cheese pizza

Dinner

Baked chicken
Sloppy Joes
Scalloped potatoes
Tomato rice pilaf
Roasted vegetable medley
Bean and tomato chili
Turkey burger
Sweet potato puffs
Pizza bagel
Cheese pizza
Cinnamon churros

Tuesday

Lunch

Chicken bowtie Alfredo
Meatballs and spaghetti
Corn, Broccoli
Tater tots
Garlic kale

Chicken sandwich

French fries

Cheese pizza

Pepperoni pizza

Dinner

Chicken
Beef sandwich
Linguine
Green beans, Carrots, Rice
Cheese sticks

Flatbread sticks

Pizza

Doughnuts

Chocolate eclairs

Wednesday

Lunch

Pulled pork

Meatball sub

Au gratin potatoes

Beans, Carrots

BBQ black bean and potato wrap

Hamburgers

Tater tots

Pizza

Chocolate pudding

Doughnuts

Dinner

General Tso's chicken

Meatloaf

Broccoli, Steamed Rice

Egg rolls

Sweet and sour tofu

Hot dogs

Onion rings

Pizza

Shortcake

Whoopie pie

Thursday

Lunch

Chicken fajita meat

Enchiladas with rice

Refried beans

Spinach, Beans

Tortillas

Pizza

Oatmeal bars

Pudding

Dinner

Hamburgers

Potato chips

Pepperoni pizza bagels

Cheese pizza

S'mores bars

Carrot cake

Friday

Lunch

Fried fish

Chicken scampi

Vegetable and rice pilaf

Green beans

Roasted red potatoes

Garlic breadsticks

Hot dogs

Sweet potato puffs

Pizza

Apple strudel

Dinner

Root beer glazed ham

Roasted turkey breast

Green beans

Broccoli cheddar mac

and cheese

Roasted vegetables

Cajun lentil stew

Fried chicken sandwich

French fries

Pizza

Brownies

Coconut cake

Seen and Heard

"Wow! That rock just jumped out of that tree."

- Tyler Alphonse

"Mustard just fell out of the sky."

- Drew Meyers

"I'm all out of rees."

- Jessica Markstrom

"I know my placenta facts."

- Mike Hyatt

"I don't like hairy babies."

- Sarah Harshbarger

"Armpit farting is too far."

- Sarah Harshbarger

Executive Editor:

Kamryn Keys

Assistant Editor:

Victoria Todman

Layout Editors:

Tyler Alphonse

Wesley Koonce

Copy Editors:

Mike Hyatt

Drew Meyers